



801 E. Front Street, Traverse City MI 49686 231-922-4911 [www.gtcountymi.gov/scn](http://www.gtcountymi.gov/scn)

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**Making longer lives, better lives.**

## **2022 Snowshoe Hike Schedule**

**Days, times and facilitators may vary**

**Snowshoe Hikes:** All hikes begin at 1 p.m. There will be no carpooling from the Senior Center. Caravans may be arranged if the facilitator wishes to do so. Please make sure you plan ahead and get to the trailhead on time. The facilitator will meet you at the trailhead. If you get lost on the way to the trail head, please call the facilitator's cell phone. The facilitator will begin hikes on time unless there is an emergency.

**Cancellation:** When the hike is canceled there is no make-up scheduled. We will decide by 10 a.m. if cancellation is necessary and send out a robo call. The hikes will be approximately 75 to 90 minutes long. Each participant must bring their own snowshoes, **poles are optional, but encouraged.** Also bring a water bottle and snack.. There are no trail fees for snowshoeing. Terrain will vary depending on location.

### **Checklist of Personal Responsibilities**

- ✓ I have received medical permission for these hikes.
- ✓ I understand that my choice to hike is voluntary.
- ✓ I wear suitable attire/footwear appropriate for snowshoe hiking stability and comfort.
- ✓ I choose the pace and distance that I can tolerate.
- ✓ I carry ID and emergency information.
- ✓ I acknowledge that whenever hiking on snow/ice there is an inherent risk of slipping and/or falling.
- ✓ I remain hydrated and nourished.
- ✓ I choose the weather conditions I will hike in.

### **Rules**

- ✓ All participants must be Senior Center Network members – No guests, no exceptions
- ✓ Reservations are required for every week, to register or if you are unable to keep your reservation, please call the Senior Center 231-922-4911.
- ✓ All hikers are asked to cooperate with the facilitator and adhere by all safety precautions as directed

# January 2022

Date	Facilitator(s)	
<b>Monday, January 3</b>	<b>John &amp; Nancy Morris 319-210-2137</b>	
<p><b>Miller Creek Nature Reserve</b> - Located behind Aldi on South Airport Road, you can find the 88-acre Miller Creek Nature Reserve. The trails at the Miller Creek Natural area passes through a former red pine plantation, skirts the edges of open meadows, winds through beautiful beech forests, across boardwalks though cedar swamps, and follows Miller Creek, a tributary of the Boardman River. Port-a-john at the trailhead. Easy to moderate trail. 3.5 miles</p>		

Date	Facilitator(s)	
<b>Monday, January 10</b>	<b>John &amp; Nancy Morris 319-210-2137</b>	
<p><b>Palmer Woods Forest Reserve</b> - Leelanau County M-72 W to Coleman Rd (669). Continue North on Coleman Road past the blinking light to Burdickville Road (616). Go left. At Tremain Road turn right. Continue to Turnbull Road and go left. At Wheeler Road go right. Drive to the entrance to Palmer Woods on the left. This majestic forest reserve offers miles of trails through rolling hills and traditional northern hardwood forest. The Forest Reserve's contiguous hardwood forest stretches over two miles north to south. It is located just over a mile from Big Glen Lake and just beyond the bluff that marks the western edge of Miller Hill. Palmer Woods is one of two "Forest Reserves," managed for sustainable harvest. Two deer enclosures on the property are providing opportunities for ongoing research in forest health. 3 miles - moderate difficulty.</p>		

Date	Facilitator(s)	
<b>Monday, January 17</b>	<b>John &amp; Nancy Morris 319-210-2137</b>	
<p><b>Pelizzari Natural Area</b> - Old Mission Peninsula - North on Center Road (M-37) on the right before McKinley Hill Road (about 1.6 miles from Front/Garfield). This is an open meadow hike along with woods almost reaching East Bay in this 62-acre natural area. There is some elevation and 100-year old hemlock trees in a beautiful grove. No restroom facilities. 3 miles - moderate difficulty.</p>		

Date	Facilitator(s)	
<b>Monday January 24</b>	<b>John &amp; Nancy Morris 319-210-2137</b>	
<p><b>Lost Lake Pathway</b> - This trail is at Lake Dubonnet in the Interlochen area. Take US 31 south to Chums Corner. Turn right (west) and drive past the turn (M-137) to Interlochen Arts Academy and continue west on US 31 to Gonder Rd. Turn right (north) on Gonder Rd. and go about 1 mi. Large parking lot on the left just before Wildwood Rd. We will pass rest rooms at the campground. This 6.3- mile trail system is broken into 2 loops, the south loop 2.4 miles and the north loop 3.9 miles. Both trails are considered easy..</p>		

Date	Facilitator(s)	
<b>Monday, January 31</b>	<b>John &amp; Nancy Morris 319-210-2137</b>	
<p><b>East Creek Reserve</b> - From TC head south on Garfield Rd. Take a left on to River Rd. which becomes Brown Bridge Rd. Canoe/kayak launch is about ½ mile on the left – park here. This trail system heads south toward East Creek which is a beautiful tributary of the Boardman River. There are gentle hills to climb &amp; descend. 3.5 miles - moderate difficulty.</p>		

# February 2022

Date	Facilitator(s)
<b>Monday, February 7</b>	<b>John &amp; Nancy Morris 319-210-2137</b>
<b>Sand Lakes Quiet Area</b> (Recreation Passport Needed) Go east on M-72 from Acme 4.5 miles to Broomhead Road. Turn right and follow Broomhead as it zigs and zags for about three miles. Look for the entrance to Sand Lakes Quiet Area on the left before Sand Lakes Road. The pathway is located within a serene 2,775-acre site with rolling hills covered by a mixture of jack pine, oak and aspen forest. The pathway is located in both Grand Traverse and Kalkaska counties within the Pere Marquette State Forest. Pit toilet is available. 3.5 miles - easy to moderate difficulty.	

Date	Facilitator(s)
<b>Monday, February 14</b>	<b>John &amp; Nancy Morris 319-210-2137</b>
<b>Brown Bridge Quiet Area</b> - Meet at the trailhead on the north side of the Quiet Area on Ranch Rudolph Rd. just east of Hobbs Hwy. Park in Lot #1 shortly after turning right onto Ranch Rudolph Rd. We will hike down to the Boardman River and follow it to the east to the new bridge through pine and cedar forests. Return trip involves climbing out of the valley. 3.5 miles - moderate difficulty.	

Date	Facilitator(s)
<b>Monday, February 21</b>	<b>John &amp; Nancy Morris 319-210-2137</b>
<b>Maplehurst Natural Area</b> - (Kewadin) - Drive north to Elk Rapids on US 31. Turn right at the stop light onto the Cairn Highway and drive north to Kewadin at the north tip of Elk Lake. Turn left at the sports park and continue north on Cairn Highway to Winters/Waring Road. Go right and look for the entrance to Maplehurst on the right. Go up the hill to the parking area. This spectacular 389-acre property is one of the largest undeveloped natural areas high above Torch Lake. Plan to do a 3 to 3.5-mile hike through these beautiful woods. Gentle hills - easy hiking.	

**February 28 – March 14:** Facilitators John and Nancy Morris will not be available. If you are available to facilitate during those dates please contact the Senior Center to indicate the location so that we may let the group know.

## Ski/ Snowshoe Rentals

**Brick Wheels** - 736 E Eighth St: Snowshoe \$20 per day, Cross Country Ski \$25 per day, Cross Country Performance package \$30 per day, Skate package \$30 per day. Open Mondays 9 a.m. – 6 p.m., Saturday 9-5 and Sunday 11-4. Call 231-947-4274 to reserve.

**Don Orr** - 890 Munson Ave: Snowshoes \$15, Cross Country skis \$20 - 24 hour rental - open Sundays. Call 231-946-8810 to reserve.